

COUNSELLING-CELL

The institution takes initiative to develop the counseling cell for student teachers to address the issues of depression, stress, pressure to perform and so on. The Counselors help the students in their day-to-day concerns and also enhance their overall functioning. Workshops on topics relevant to increasing the capacities of the students, Career counseling and individual counseling were regularly conducted by the professional Counselors. Every teacher was assigned mentees at the initial stage who continuously mentored and also for the mental wellbeing of these mentees a value added course of Yoga for 20 hours was also added.

LUCE had organised a session on counselling “role of of a teacher as a counsellor” by Dr. Fatima Rashid ma'am an expert in the area of Counselling associated with the Universal Group of Institutions. This was followed by individual counselling of First and Second year students carried out by one expert Counsellors from Universal Institution.

